



VEGAN

TO PICK AT

- | | |
|--------------------------------------------------------------|-----|
| Habas fritas, kikos, garbanzos GF | 2.5 |
| Mixed toasted Spanish broad beans, corn & chickpeas | |
| Almonds GF, N | 3.5 |
| Roast salted organic Catalan almonds | |
| Gordal olives GF | 3.7 |
| Giant queen olives marinated in lemon, black pepper, parsley | |

TOAST & BREAD

- | | |
|------------------------------------------------------|-----|
| Pan con tomate | 2.5 |
| Toasted sourdough, garlic, tomato, rama 44 olive oil | |
| Alex Gooch breads | 3.7 |
| Served with our own rama 44 olive oil, sea salt | |

TAPAS DISHES

- | | |
|--------------------------------------------------------------|-----|
| Broccoli GF | 5 |
| Pan-fried broccoli, salpicón | |
| Ensalada GF | 4.5 |
| Gem & apple salad, sherry vinaigrette | |
| Patatas GF | 4 |
| Pan-fried crispy potatoes, smoked bravas sauce | |
| Mushroom N | 5.5 |
| Almond cream, seared oyster mushroom, ajillo, toasted almond | |
| Pisto GF | 5.5 |
| Spanish ratatouille, chickpeas | |
| Salmorejo | 4.5 |
| Salmorejo, Spanish tomatoes | |
| Padron Peppers GF | 4.5 |
| Galician green peppers, sea salt. Some hot some not! | |

SWEET TREAT

- | | |
|-----------------|---------------|
| Seasonal Sorbet | 2.5 per scoop |
|-----------------|---------------|



PLEASE TURN OVER FOR
OUR VEGAN WINES



MAY CONTAIN NUTS N GLUTEN FREE GF

44 HIGH ST COWBRIDGE CF71 7AG WWW.BAR44.CO.UK  BAR44COWBRIDGE



VEGAN WINES

SPARKLING

Loxarel Reserva Familiar, Brut Nature, Penedès

 Pinot Noir, chardonnay, xarel-lo

42

ROSÉ

Viñas del Vero, Somontano

 Pinot Noir

5/28

WHITE WINE

Finca Constanca Parcela 52, Toledo

 Verdejo

25

Coral do Mar, Rias Baixas

 Albariño

5/28

Gaia de Loxarel, Penedès

 Sauvignon Blanc

28

RED WINE

El Paular, Tierra de Castilla

 Petit Verdot Blend

4.5 / 22

Trus Roble, Ribera del Duero

 Tinta del país

28

Beronia Ecológico, Rioja

 Tempranillo

5.5 / 29