



SELECTION FROM THE BREAKFAST  
BAR - 20 -

ADD ANY DISH FROM OUR "À LA CARTE" MENU  
- 7 -

COFFEES

ESPRESSO, AMERICANO, CAPPUCCINO,  
FLAT WHITE, LATTE  
FROM - 3 -

TREGOTHNAN TEAS

CLASSIC, EARL GREY, GREEN, CAMOMILE,  
LEMON VERBENA, MANUKA, PEPPERMINT,  
RED BERRIES, OAK SMOKED BLACK - 5 -

COLD PRESS JUICES

GREEN

KALE, SPINACH, CELERY, ROMAINE, CUCUMBER,  
GINGER, LEMON - 6 -

CLEANSE

BEETROOT, APPLE, LEMON, GINGER - 6 -

SELECTION OF FRESH JUICES - 4 -

À LA CARTE BREAKFAST

PASTRY BASKET

SELECTION OF 3 PASTRIES - 5 -

PORRIDGE

COCONUT MILK, RASPBERRIES,  
POMEGRANATE - 9 -

CHIA SEED

ALMOND MILK,  
FRESH BERRIES, GRANOLA - 7 -

PANCAKES

SMOKED STREAKY BACON, MAPLE SYRUP OR  
FRESH BERRIES, ROASTED BANANA,  
CHANTILLY CREAM - 10 -

GRILLED HALLOUMI

WARM HERITAGE TOMATOES, AVOCADO,  
TOASTED PINE NUTS - 12 -

SCOTTISH SMOKED HADDOCK

POTATO & TARRAGON CAKE, POACHED EGG,  
HOLLANDAISE SAUCE - 14 -

SEVERN & WYE SMOKED SALMON

SCRAMBLED EGGS,  
TOASTED RYE BREAD - 14 -

WILD MUSHROOMS ON TOASTED  
BRIOCHE

FRIED DUCK EGG, SPRING ONIONS,  
ROASTING JUS - 10 -

THE ENGLISH

EGGS, GRILLED DRY CURED BACON,  
CUMBERLAND SAUSAGE,  
OAKLANDS BLACK PUDDING,  
BAKED BEANS, GRILLED TOMATOES,  
PORTOBELLO MUSHROOMS - 15 -

OMELETTE

WHOLE EGG OR EGG WHITE OMELETTE  
WITH A CHOICE OF:  
HONEY ROASTED HAM, CHARLTON CHEDDAR,  
MUSHROOM, PEPPERS - 9 -

ARNOLD BENNETT OMELETTE

EGGS, SMOKED HADDOCK, CHEESE - 14 -

EGGS FLORENTINE

MUFFIN, SPINACH, HOLLANDAISE - 9/15 -

EGGS BENEDICT

MUFFIN, HAM, HOLLANDAISE - 9/15 -

EGGS ROYALE

MUFFIN, SMOKED SALMON,  
HOLLANDAISE - 9/15 -

EGGS ON TOAST

POACHED, FRIED OR SCRAMBLED - 7 -

AVOCADO ON TOAST

POACHED EGGS, CHILLI - 11 -